

Indianapolis Walk to End Lupus Now, Saturday, October 7, 2017

What to Expect the Day of the Walk

Where Does the Walk Take Place?

The Walk takes place at Celebration Plaza and along the Canal Walk. Celebration Plaza is just past the Administration building at 801 W. Washington Street. We walk, rain or shine! Please dress for cool weather and prepare for the possibility of a shower.

What Time Should I Arrive?

Registration begins at 10:30 a.m. and the Walk starts at Noon.

Where Should I Park?

There are no specifically-designated areas for this event. Please be prepared to park at one of the nearby parking areas, close in proximity to the Historic Military Park (North Section) and the Registration area. The following lots are nearby options and have hourly rates that apply.

- The Surface Lot at White River State Park (ENTRANCE: Intersection of West Washington Street [near WRSP Visitor's Center] and Schumacher Way [near Victory Field]) (<http://www.inwhiteriver.com/contact/parking-republic-parking-services/>)
- Please note that the White River State Park Garage will be **CLOSED** during our Walk.
- Ohio Street and Senate Avenue Surface Lot
- For a map of additional parking options, visit <http://www.downtownindy.org/get-arounddowntown/park/>.

* A Drop-off zone for those with difficulty walking is located outside the White River State Park administration building at 801 W. Washington Street

You also have the option of reserving parking in advance and saving up to 50% off the drive-up cost with **SpotHero**, a parking reservation service! To reserve your spot today, visit the [2017 Walk to End Lupus Now 5K SpotHero Parking Page](#). Be sure to select the day and time at the top of the page when reserving your spot. Please note that 3 additional parking options will be available on Sept. 7. **New to SpotHero? Download the SpotHero iPhone | Android app and enter promo code LUPUSINDY for an extra \$5 off parking!** For any questions about this parking service, please call 312.566.7768.



Where Do I Go When I Arrive?

Go to the REGISTRATION Tent **Only If:**

- You are pre-registered and have raised \$100 or more and earned a t-shirt.
- You are pre-registered and have funds (checks or cash) to turn in.
- You did not sign up online (pre-register) and have funds to turn in – you will see a table marked “Day of Event Registration” – head there!

- You have lupus, whether or not you have registered – please head straight to the Patient Table where they will check you in (again, whether or not you pre-registered) and give you your goodie bag (you only need to go to this one spot).

NOTE:

- If you raised \$100 or more by September 16th, your t-shirt in the size you indicated when you registered will be available for you to pick up at this tent.
- T-shirts for walkers who raised \$100 or more AFTER September 16th will be available at this tent AFTER the Walk, on a first-come first-served basis. Please just head back up to the tent and see us after you have walked either the one-mile or the three-mile course. We will check availability of t-shirt in your requested size at that time. If we run out of t-shirts at the Walk, your shirt will be mailed to you 30-45 days after the Walk.
- If you pre-registered and raised less than \$100 and have no funds to turn in, **there is no need to check in.**

Go to the Event Day Registration Area Only If:

- You or anyone on your team has not pre-registered for the Walk (EVERYONE age 5 and over must register for the Walk and sign a waiver)
- T-shirts for walkers who raised \$100 or more AFTER September 16th will be available at this tent AFTER the Walk, on a first-come first-served basis. If we run out of t-shirts at the Walk, your shirt will be mailed to you 30-45 days after the Walk.

What Do I Do If I am Volunteering?

Please check in at the Volunteer Check-In table to receive directions. Thank you so much for helping us host this event!

How Do I Get a Walk T-Shirt? How Do I Get Other Incentive Prizes?

Walk t-shirts are only for INDIVIDUAL walkers who raise \$100 or more. You can purchase a t-shirt by donating \$100. All other incentive prizes are based on individual fundraising levels and will be mailed to each walker after the Walk.

What Should I Bring?

- Bring along lawn chairs and pop up tents for shade.
- Strollers and pets on leashes are welcome.
- Bring along cash for food trucks and activities such as the Wheel of Fortune
- Many teams bring along a cooler and picnic basket with sandwiches, snacks and drinks for their team.
- Rain or shine, bring your umbrella, raincoat, or sunscreen!
- Drop your additional checks and dollars raised when checking in at the Registration tent.

Where & When Does the Walk Start/End and How Long Are the Routes?

- A brief opening ceremony will begin at 11:30 a.m. at the balloon arch, followed by a dove release tribute for those who have lupus and in memory of those who have lost their battle.
- After the National Anthem, the Walk will begin at 12:00 Noon. Participants will be led along the correct route.

- There are one- and three-mile Walk routes which are heavily marked with signs. Volunteers and committee members will also be along these routes to address questions or concerns.

What Activities Are Available at the Walk?

10:30 a.m. – 1:30 p.m.

- Face painting
- Balloon artist
- Moonbounce
- Memorial Tribute Area
- Music DJ'd by DJ Reddy Rock
- **Toy Factory** will be performing from 10:45–11:15 a.m. and again from 12:00–1:00 p.m. on the main stage
- Complete a “Why I Walk” sticker to wear, and say “Cheese!” at our **Selfie Station**
- Shop the wares at our Lupus Foundation Merchandise table in the Registration tent
- Play Plinko to win prizes; 2 nights at West Baden Hotel in French Lick
- Visit the Patient Services tent to learn about services offered by our Chapter
- Visit the Exhibitors tents

Is There Food and Water at the Walk?

- Water will be available before the Walk in tubs near the Registration tent, and also at different locations along both of the Walk routes.
- We will have a food tent with complimentary apples, granola bars, chips, and flavored water for Walkers while supplies allow.
- We have four food trucks this year, so pack lunch money! Neighborhood Pizza and Chompz will be there, as will The Flying Cupcake and The Frigid Frog. All meals are between 5 and 10 dollars. Sides are also available.

What if someone gets sick?

We will have a medic and ambulance available onsite for the duration of the event. You may call our Volunteer Coordinator, Robin Miner, at 317.431.9137, with any questions. For a true medical emergency, please call 911.

Still have questions?

Contact Lisa Kelly or Yolanda Wide at 317.225.4400 or lisa@lupusindiana.org; on October 7th, please find a Committee Member or Volunteer for questions.