

St. Louis Walk to End Lupus Now, Saturday, May 19, 2018

Walk Day Information & Commonly Asked Questions

Where Does The Walk Take Place?

Chesterfield Central Park next to the Chesterfield Amphitheater
16365 Lydia Hill Drive
Chesterfield, MO 63017

[Map and Directions](#)

[Walk Route Map](#)

[Parking & Activities Map](#)

What Time Should I Arrive?

- Walk festivities begin at 8:30 a.m.
- Day of Registration and Check-in begin at 9:00 a.m.
- The Walk begins at approximately 10:30 a.m.

Where Should I Park?

There is free parking in designated areas (please see parking map above). There is **NO** parking at the St. Louis County Library and YMCA. If you arrive late and parking is full, there is more parking available across the street at Chesterfield Mall.

How Do I Get a Walk T-Shirt? How Do I Get Other Incentive Prizes?

Walk t-shirts are only for INDIVIDUAL walkers who donate or raise \$100 or more. Donate/raise \$25 or more and receive the **Lace Up for Lupus Shoelaces**. Donate/raise \$500 or more and receive a **Lupus Hero Cape**. Donate/raise \$1,000 or more and receive a **Trailblazer To End Lupus Medal**. All other incentive prizes are based on individual fundraising levels and will be mailed to each walker after the Walk.

Where Do I Go When I Arrive?

Go to the “Pre-Registered & Team Check-In” Tent Only If:

- You are pre-registered and raised \$25 or more. Shoelaces, t-shirts, and Lupus Hero Capes can be picked up here.
- You are pre-registered and have funds to turn in.
- **If you pre-registered and raised less than \$25 or have no funds to turn in, there is no need to check in.**

NOTE:

- If you raised \$100 or more **BEFORE May 3, 2018** your t-shirt in the size you indicated when you registered will be available for you to pick up at this tent.
- T-shirts for walkers who raised \$100 or more **AFTER May 3, 2018** will be available at this tent on a first come first-served basis. If we run out of t-shirts at the Walk, your shirt will be mailed to you 30-45 days after the Walk.

Go to the “Register Today” Tent Only If:

- You or anyone on your team has not pre-registered for the Walk (EVERYONE age 5 and over must register for the walk and sign a waiver)

NOTE:

- Walkers who register the day of the walk and turn in \$100 or more will get a t-shirt voucher.
- After the Walk, stop back by the “Register Today” Tent with your voucher to see if we have t-shirts still available. If not, your t-shirt will be mailed approximately 30-45 days after the walk.

What Should I Bring?

- We will have a limited amount of seating. Please bring lawn chairs.
- **NO TENTS OR GRILLS ALLOWED.**
- **NO BOTTLES OR GLASS.**
- Strollers and well-behaved pets on short leashes are welcome. NO retractable leashes. Pick up after your pets.
- Bring along cash for food trucks and activities.
- You may want to bring a cooler and picnic basket with sandwiches, snacks and drinks for their team.
- There is a covered pavilion at the park with a limited amount of picnic benches. First come, first served.

- Rain or shine, bring your umbrella and your sunscreen.

Where & When Does the Walk Start/End and How Long is the Route?

- A brief opening ceremony takes place at the stage at 10:15 a.m. (*Trailblazers to End Lupus should be at the stage at this time to pick up their medals.*)
- The Walk begins at approximately 10:30 a.m. at the start line by the stage.
- The walk trail loops around the lake and returns to the start. The route is approximately 1 mile. There is a cut off at the bridge if you prefer a shorter route or you can make a second or third loop if you prefer a longer route. You don't have to walk.
- In case of emergency, call 911. For the safety of our walk participants and others, walkers must stay on the sidewalks.
- **NO LITTERING!** Please be courteous and place all trash in trash cans.
- The trail is open to the general public so please be courteous of others on the trail.

What Activities Are Available at the Walk?

8:30 – 11:30 a.m.

Bring the family and get ready for a fun day!

- Balloon Artist & Face Painting - \$5 donation
- Caricature Artist - \$10 donation
- Bubble Bus
- Large accessible playground with rubberized surface
- Music DJ'd by D2ThaC
- Visit the Exhibitor Booths:
 - Back To Work on-site Massage, Aetna, Allsup, Clarkson Eye Care, EnVision Strategies, The Medicine Shoppe, & Washington University Lupus Clinic
 - Learn more about lupus & purchase Lupus Foundation merchandise.

Is There Food & Water at the Walk?

8:30 – 11:30 a.m. (approximate times)

Enjoy good eats this year as the following food trucks stop by the Walk. Each truck will be donating 20% of their proceeds back to the Lupus Foundation!

Kona Ice
 Steamroller Bagel & Deli
 Sarah's Cake Stop
 Crooked Boot

There will be bottled water available for walkers by the start line, courtesy of **Pepsi**. We suggest you also bring water and a cooler with you. **THERE IS NO WATER** available along the route. Please be certain you **carry water with you** along the route.

Is There a First Aid Tent?

We will have two nurses at the First Aid Tent with basic first aid supplies. For medical emergencies, please call 911.

Still Have Questions?

Contact Beka Rich at 314-644-2222 or 800-958-7876 or brich@lfaheartland.org

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