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DIFFERENT MODALITIES TO TREAT CHRONIC PAIN

MEDICATION THERAPY

- ▶ Pain meds in dealing with this Opioid Crisis
- ▶ Neuropathic medications
- ▶ Topical agents
- ▶ Adjunctive medications

PHSYCIAL THERAPY

- ▶ To address the myofascial pain
- ▶ Light stretches and exercises
- ▶ To boost natural endorphins

BEHAVIORAL HEALTH



- ▶ To address the psychosocial aspects

PROCEDURES



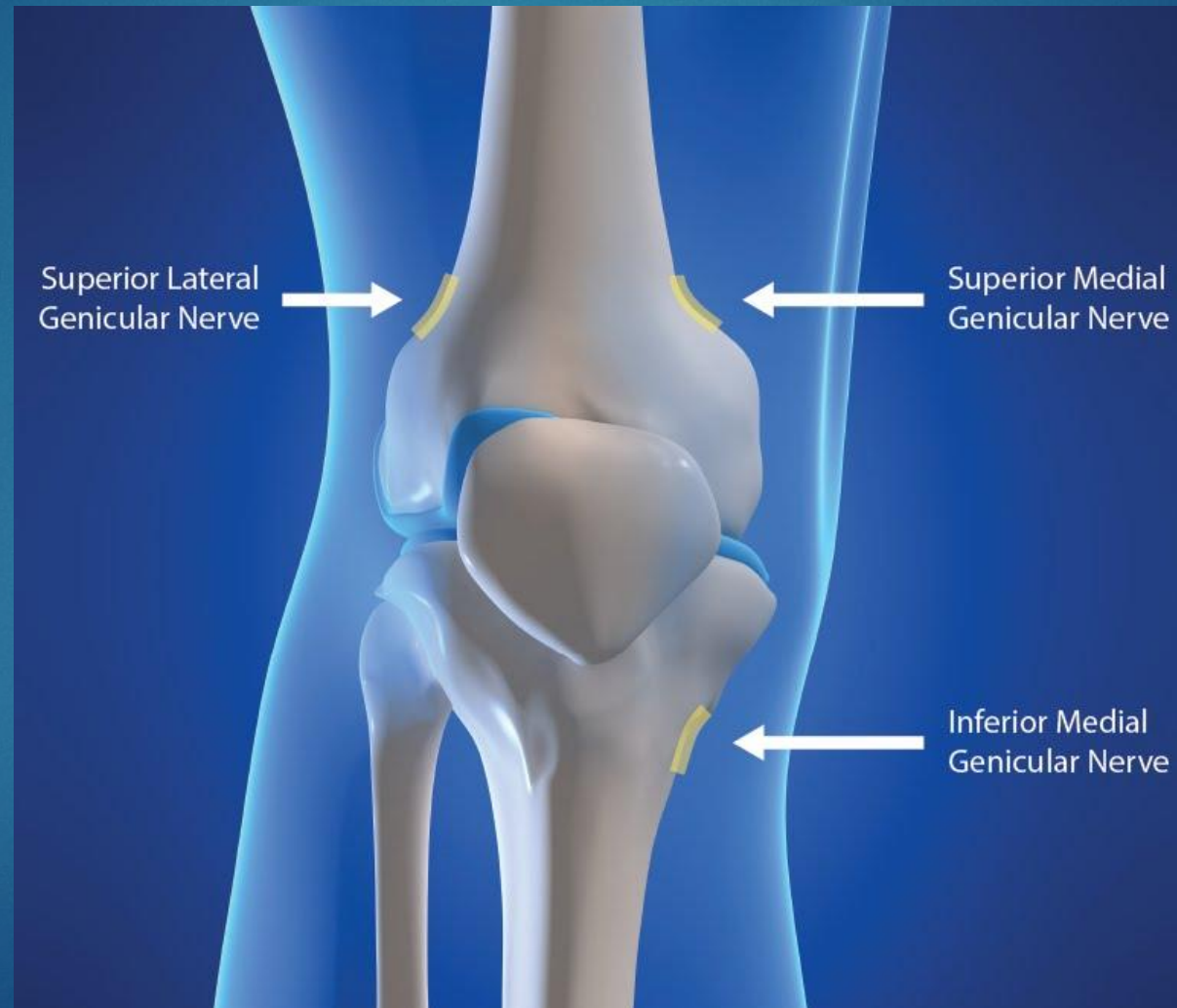
- ▶ Steroid injections

Radiofrequency Ablations

- ▶ We can ablate and essentially burn that nerve and de-innervate that area
- ▶ Wish it was permanent but peripheral nerves do regenerate, but can last 6-12 months

RFA of Knee

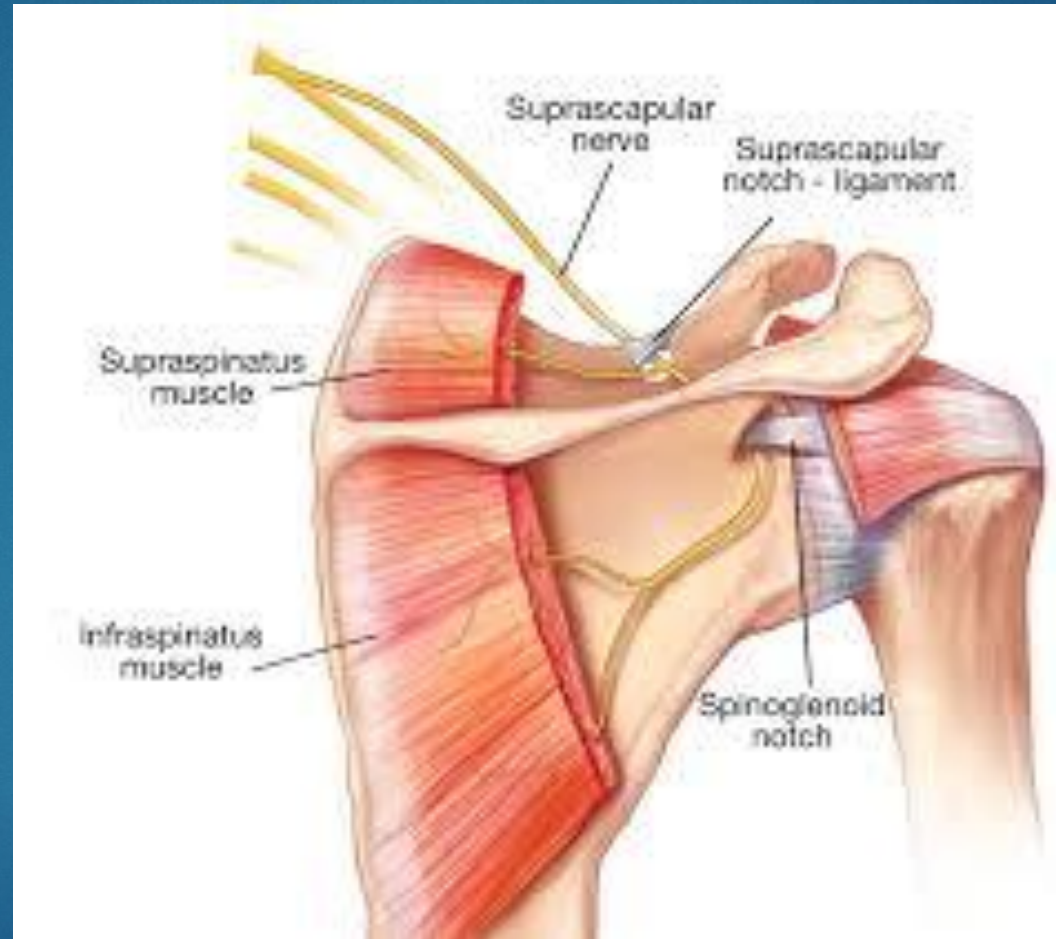
- ▶ Genicular nerve block



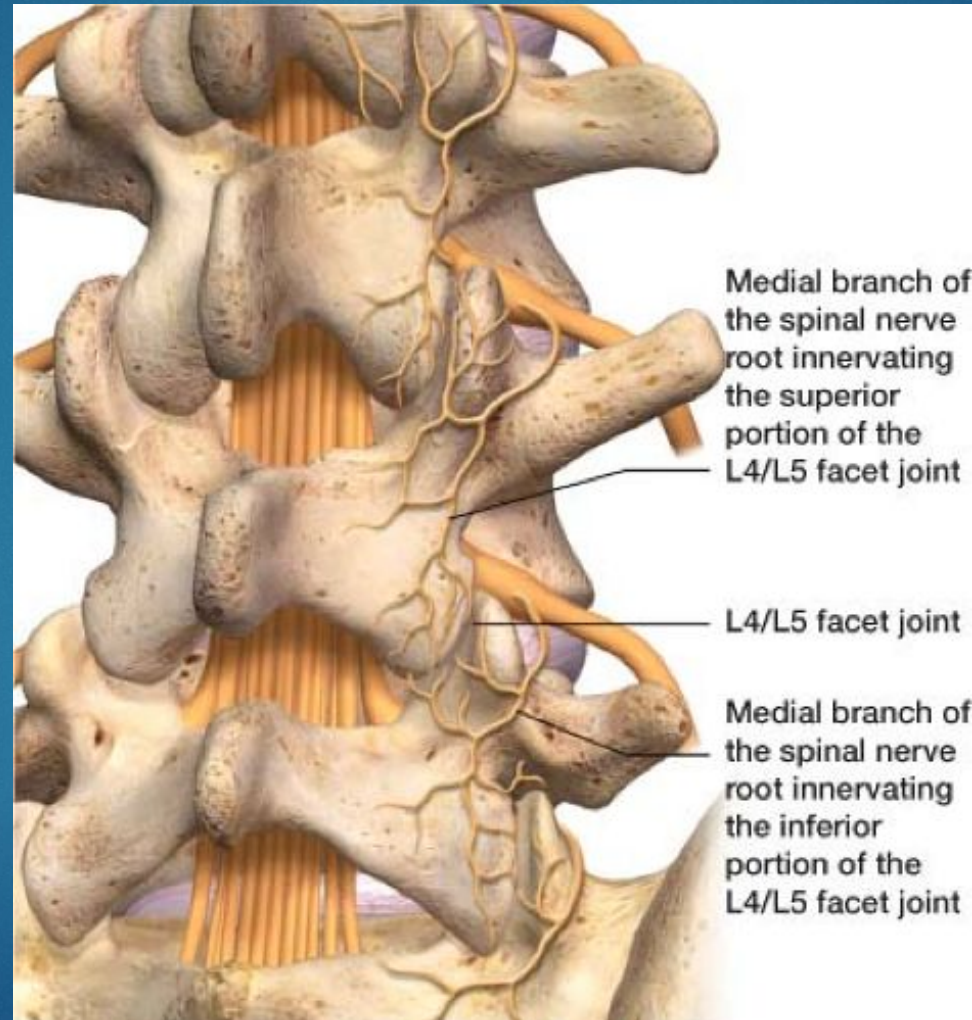
RFA of the Hip Femoral and Obturator Branch



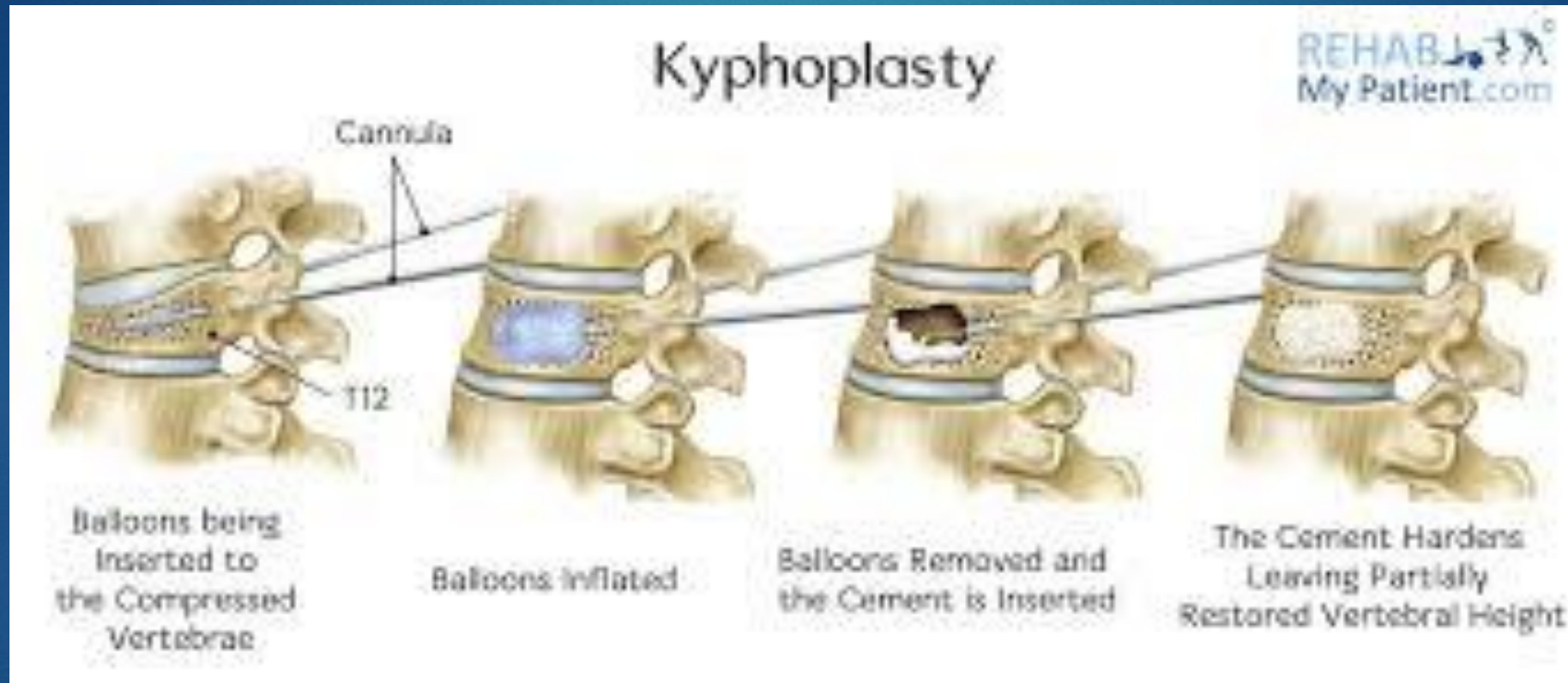
Shoulder RFA of Suprascapular nerve



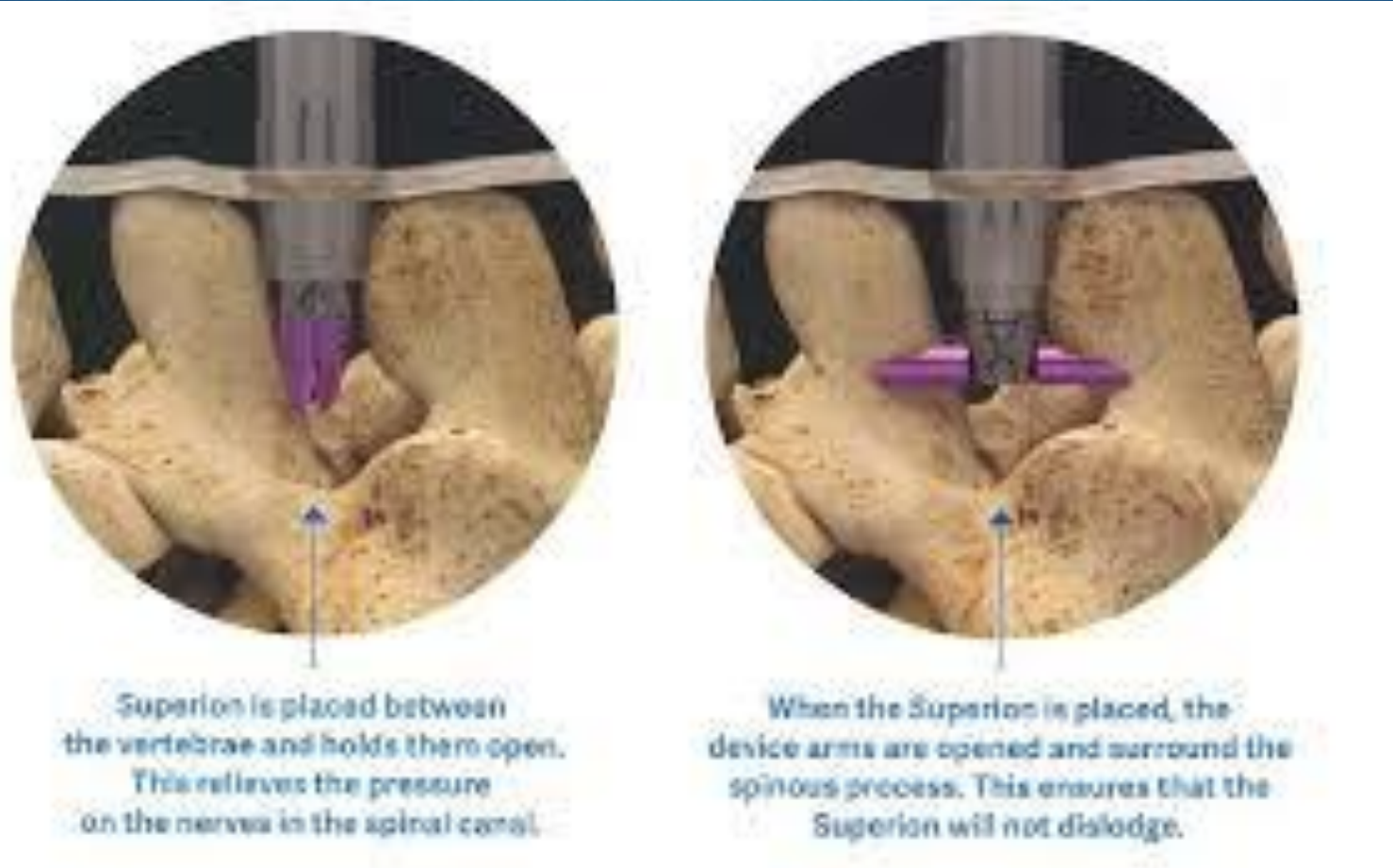
RFA of Neck and Low Back Joints



Kyphoplasty of Vertebral Body Compression Fractures



Superior Vertiflex for Spinal Stenosis –pinching of the spinal cord



Intrathecal Pain Pump



Spinal Cord Stimulators

